

Harrow Central Mosque & Masood Islamic Centre

34 Station Road | Harrow | London | HA1 2SQ Charity no. 1071261
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Harrow
Central
Mosque
& Masood
Islamic Centre

**NEW! TO GIVE £5
TEXT HCM 5**

TO 70450 | MONTHLY

TO 70460 | ONE TIME

OR REPLACE 5 WITH AN ALTERNATE AMOUNT I.E HCM 10, HCM 20
REPLACE HCM WITH HCMINFO TO OPT OUT OF MARKETING
TEXTS COST TWO STANDARD RATE MESSAGES

Prayer Timetable for August 2020

1441/1442AH			Jamat Time					Beginning Time						
Aug. 20	Dhul Hijjah / Muharam	Day	Fajr	Zuhr	Asr	Magrib	Isha	Tahajud	Fajr	Sunrise	Zuhr	Asr	SunSet	Isha
1	11	Sat	4:45	1:30	7:00	8:53	10:15	15 minutes before beginning time of FAJR	3:37	5:25	1:12	6:24	8:48	9:56
2	12	Sun	4:45	1:30	7:00	8:52	10:15		3:38	5:26	1:12	6:23	8:47	9:54
3	13	Mon	4:45	1:30	7:00	8:50	10:15		3:40	5:28	1:12	6:22	8:45	9:53
4	14	Tue	4:45	1:30	7:00	8:48	10:15		3:42	5:29	1:11	6:21	8:43	9:51
5	15	Wed	4:45	1:30	7:00	8:47	10:15		3:44	5:31	1:11	6:20	8:42	9:49
6	16	Thu	4:45	1:30	7:00	8:45	10:15		3:46	5:33	1:11	6:18	8:40	9:47
7	17	Fri	4:45		6:45	8:43	10:00		3:48	5:34	1:11	6:17	8:38	9:45
8	18	Sat	4:45	1:30	6:45	8:41	10:00		3:49	5:36	1:11	6:15	8:36	9:44
9	19	Sun	4:45	1:30	6:45	8:39	10:00		3:51	5:37	1:11	6:13	8:34	9:43
10	20	Mon	4:45	1:30	6:45	8:37	10:00		3:53	5:39	1:11	6:12	8:32	9:42
11	21	Tue	4:45	1:30	6:45	8:35	10:00		3:55	5:40	1:11	6:11	8:30	9:40
12	22	Wed	4:45	1:30	6:45	8:34	10:00		3:57	5:42	1:10	6:10	8:29	9:39
13	23	Thu	4:45	1:30	6:45	8:32	10:00		3:59	5:44	1:10	6:08	8:27	9:37
14	24	Fri	5:00		6:30	8:30	9:45		4:01	5:45	1:10	6:07	8:25	9:35
15	25	Sat	5:00	1:30	6:30	8:28	9:45		4:02	5:47	1:10	6:05	8:23	9:34
16	26	Sun	5:00	1:30	6:30	8:26	9:45		4:04	5:48	1:10	6:04	8:21	9:32
17	27	Mon	5:00	1:30	6:30	8:24	9:45		4:06	5:50	1:09	6:03	8:19	9:30
18	28	Tue	5:00	1:30	6:30	8:22	9:45		4:08	5:52	1:09	6:01	8:17	9:28
19	29	Wed	5:00	1:30	6:30	8:19	9:45		4:10	5:53	1:09	6:00	8:14	9:26
20	1	Thu	5:00	1:30	6:30	8:17	9:45		4:12	5:55	1:09	5:58	8:12	9:24
21	2	Fri	5:15		6:15	8:15	9:30		4:14	5:56	1:08	5:57	8:10	9:22
22	3	Sat	5:15	1:30	6:15	8:13	9:30		4:15	5:58	1:08	5:55	8:08	9:20
23	4	Sun	5:15	1:30	6:15	8:11	9:30		4:17	6:00	1:08	5:54	8:06	9:18
24	5	Mon	5:15	1:30	6:15	8:09	9:30		4:19	6:01	1:08	5:52	8:04	9:16
25	6	Tue	5:15	1:30	6:15	8:07	9:30		4:21	6:03	1:07	5:50	8:02	9:15
26	7	Wed	5:15	1:30	6:15	8:05	9:30		4:23	6:04	1:07	5:49	8:00	9:13
27	8	Thu	5:15	1:30	6:15	8:02	9:30		4:25	6:06	1:07	5:47	7:57	9:11
28	9	Fri	5:30		6:00	8:00	9:30		4:27	6:08	1:07	5:46	7:55	9:09
29	10	Sat	5:30	1:30	6:00	7:58	9:30		4:28	6:09	1:06	5:45	7:53	9:07
30	11	Sun	5:30	1:30	6:00	7:56	9:30		4:30	6:11	1:06	5:44	7:51	9:05
31	12	Mon	5:30	1:30	6:00	7:54	9:30		4:32	6:12	1:06	5:42	7:49	9:03

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Friday Prayers 13:30 | 14:15 | 15:00
www.harrowmosque.org.uk/jummahbooking

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EID MUBARAK

Harrow Central Mosque
& Masood Islamic Centre

Eid ul Adha - Friday - 31st July 2020 - 10th Dhul-Hijjah 1441 AH

Eid Mubarak! From Harrow Central Mosque

As we witness historic scenes from Masjid al-Haram in Makkah, with the smallest number of Hujaj (in the modern era) who begin their rituals with the tawaf of Umrah - it is certainly a time to reflect and show gratitude to Allah Almighty for the many blessings we take for granted. May we be called soon to perform the Hajj. On behalf of the Management, Staff & Volunteers at HCM, we would like to wish you and your families a blessed Eid-ul-Adha, may Allah accept your worship and sacrifice offered during the blessed days of Dhul Hijjah.

Impressed? Disappointed?
Let us know how we did today at
feedback@harrowmosque.org.uk

Passing of Saeed Bhai Asif Mohammed

On Saturday 11th April due to COVID-19 our beloved trustee, funeral director and dear friend Asif Mohammed, whom many knew as Saeed Bhai passed away.

He was the shining beacon and pillar of our completely Free Funeral service and his passing is a massive loss for us. We miss him dearly and pray god grants him the highest stations in Heaven and us the ability to maintain and continue the work he was doing selflessly for the mosque and the Muslim community.



Lockdown and Ramadan and Coronavirus

As the pandemic initially spread in the UK, we contacted the NHS to offer the entire mosque premises to be used as a temporary hospital if needed. We were one of the first mosques to implement a live streaming service well before it became popular and as such, we quickly moved all of our worship and madrasa classes entirely online.

Ramadan started in late April and many will have spent Eid-ul-Fitr woe-fully devoid of community spirit and lacking the usual presence of loved ones. With the mosque closed during the holiest time of the year, we live streamed as frequently as possible attempting to reduce, in what minimal capacity we have, these voids for our community and are thankful to Hafiz Jamil Khan and Hafiz Owais Khan for keeping the Sunnah of Taraweeh alive in our Masjid with the melodious recitation of the Holy Quran.

We are incredibly proud of our Muslim community for achingly staying away from the Mosque during Ramadan and Eid ul Fitr in order to protect everyone and we are very happy to see you all back in the Mosque again.

We also lost our dear friend and trustee Sayid Absar Ahmed earlier this year on Monday 30th September 2019 / 1st Safar 1441 AH. We ask that you remember him in your duas and pray that Allah grants him a lofty station in paradise.



We Need YOU! Can You Help Your Masjid?

During this pandemic period, we need more volunteers (brothers and sisters) to help on Jummah especially enforcing social distancing rules and the compulsory booking system. Can you help your masjid? Contact Salman Shah on 07463 550432

We are looking to install a Access Control System on all the Doors in the Masjid. This will make all areas more secure. If you specialise in this area and would like to help, please get in touch with us!

We are looking for an Industrial laser cutter or CNC machine to produce name plaques for the deceased as part of our free funeral service. If you specialise in this area and would like to help, please get in touch!

We are looking to upgrade our CCTV cameras to make the masjid more secure. We have over 150 cameras, but they are starting to age. If you supply cameras or specialise in this area please get in touch!

We are looking for school/library furniture for our new Library which will be open to all, if you specialise in this area and would like to help please get in touch!

If you can help with any of the above please email
info@harrowmosque.org.uk.

You can also donate specifically towards those projects at
harrowmosque.org.uk/donations



HARROW CHURCHES HOUSING ASSOCIATION RECOGNISES HCM HELPING HANDS VOLUNTEER TEAM

CEO of HCHA, Christopher Holley was pleased to present our volunteers Haseeb Hashmi and Imran Malik with a **Community Star Award** for the wonderful effort of the Helping Hands Team in providing weekly shopping assistance to the elderly and vulnerable within the Paxfold Housing Scheme. The volunteers were involved in carrying out a weekly shopping list for 5-6 residents and delivering this to the care home - allowing the residents access to food whilst protecting them from the virus. Chris was shown around the Masjid and saw the food parcel distribution set-up we have and the social distancing and preventative measures in place within the Masjid. We would like to thank HCHA who made a generous donation of £100 to the Masjid and also thank the wonderful volunteers who have tirelessly worked to serve the local community.

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& Masood Islamic Centre

HARROW CENTRAL MOSQUE

HELPING HANDS

SUPPORT SERVICE

OUR WORK IN NUMBERS

- OVER 5000 COOKED MEAL PORTIONS DELIVERED TO THE VULNERABLE
- OVER 300 RESIDENTS & FAMILIES SUPPORTED WITH SHOPPING / FOOD PARCELS / MEDICATION
- OVER 25 DEDICATED VOLUNTEERS
- OVER £8,000 SPENT ON FOOD & ESSENTIALS
- OVER £2,000 OF GENEROUS DONATIONS BY THE LOCAL COMMUNITY - SUPPORTING THE VULNERABLE

WHAT DID HARROW RESIDENTS THINK

★ Wonderful! Really caring and a shining light in this difficult time. The help I received from 'Helping Hands' was amazing! I am on shielding, which prevents me from being able to shop, plus I live on my own. I rang Harrow Council who then put them in touch with me. [volunteer] was so helpful and thanks to her and her wonderful team I now have food. Fabulous! Pauline D'Emili

★ Thank you for all the offers of help. I contacted these guys and they've delivered shopping to my parents already. Amazing! @HarrowMosque Sharmeen Ziauddin

WHAT OUR VOLUNTEERS THOUGHT

★ All the shops, the deliveries, the hot meals and the one common theme is that many people we serve feel helpless and wish there was another way. The situation we are collectively in is unprecedented. The appreciation and gratitude from the community has been overwhelming and whether it's a hot meal, some groceries or even a friendly hello, you can see the difference it makes! Aqib Khan

WHO DID WE HELP?

- The Elderly
- Those with health conditions
- Those in financial hardship
- Those feeling isolated
- Those who were shielding
- Those with children who have complex medical needs
- Most importantly: Helping people of all backgrounds and all walks of life

WHAT DID WE DO?

- Shopping for groceries
- Medication collection
- Top-up of electricity meters
- Distributed food parcels
- Supported families with toys, games, clothing and baby supplies

ORGANISATIONS WE ASSISTED

- Harrow Council
- Mind In Harrow
- Age Concern
- Housing Associations
- Harrow MenCap
- Care Homes
- GP Surgeries & Medical Practices
- Harrow Citizens Advice
- Harrow Law Centre

Helping Hands Launch of Befriending/Bereavement Support

We are pleased to extend our services to the community with a befriending/bereavement support service.

A team of volunteers are contacting residents who are isolated and vulnerable to support them with personal human interaction encouraging mental and emotional well-being - effectively offering a welfare call to check in and have a chat with one of our friendly team, supporting our community through the pandemic. The residents will be called on a weekly basis at a suitable time in order to establish a routine.

You do not require referral from any organisation, you can self-refer. We are also offering a support service for those recently bereaved, providing chaplaincy services throughout the funeral and burial process including individual and collective religious prayer services with follow up support checks.

**CAN YOU SERVE THE COMMUNITY?
CAN YOU GIVE AN HOUR OR TWO ON A WEEKLY BASIS,
PLEASE CONTACT**

helpinghands@harrowmosque.org.uk
or 0208 861 1234 (Option 7)
to sign up.

Mental Health Awareness Ciconia Recovery London

On Friday 17th July, we held a live online session on Facebook regarding COVID-19 - Impact on existing and emerging Mental Health disorders. The session was delivered by Dr Khaled Helmy of Ciconia Recovery London, based in Kenton. Dr Khaled is a practicing private psychiatrist with more than 20 years' experience in the field. His wealth of knowledge and expertise benefitted not only those who tuned into the session, but also our team of volunteers who are helping with the Befriending Service being delivered by Helping Hands. We would like to thank Dr Khaled and Br Hani from Ciconia Recovery for their support. If you know of anyone who is suffering from Mental Health and would like a consultation, please get in touch with Ciconia Recovery on 0208 204 6722 or info@ciconiarecovery.com

Welcome to New Helping Hands Team Member

The Helping Hands Team are pleased to announce that Rahan Alam has joined the team as Befriending Support Worker this month. Rahan is a graduate in Business Studies from University of Hertfordshire. We are pleased he has joined our team and would like to welcome him to the organisation.

Painting the Mosque

During lockdown, a group of volunteers - including Br Ramzan and our Facilities Manager, Br Ahmed Ak-houndzadeh have spent many hours in repairing and repainting the Masjid. They have done an amazing job and the result is very visible.

We pray that Allah accepts their service of His House and in turn blesses their families and homes.



@HarrowMosque



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www.harrowmosque.org.uk/helping-hands